

foodvision

improving community health & well-being

Food Vision launches new sustainable procurement toolkit

This new toolkit is intended to give local authorities help getting started on the path to sustainable food procurement.



It is split into 3 sections:

1. *Why sustainable food procurement?*
2. *Adopting a sustainable food procurement policy - what do I need to do?*
3. *Where can I find practical guidance on how to procure food sustainably?*

It gives the background on sustainable food procurement, highlights where good guidance exists, and aims to provide additional help to overcome the particular challenges faced by those making changes to their procurement policy in local councils.

It also includes links to case studies which deal with sustainable food procurement.

<http://www.foodvision.gov.uk/pages/local-authority-sustainable-food-procurement>

Food Vision are seeking further case studies to complement this toolkit, so if you have an innovative local sustainable food procurement case study, in local councils or otherwise, please contact foodvision@lacors.gov.uk

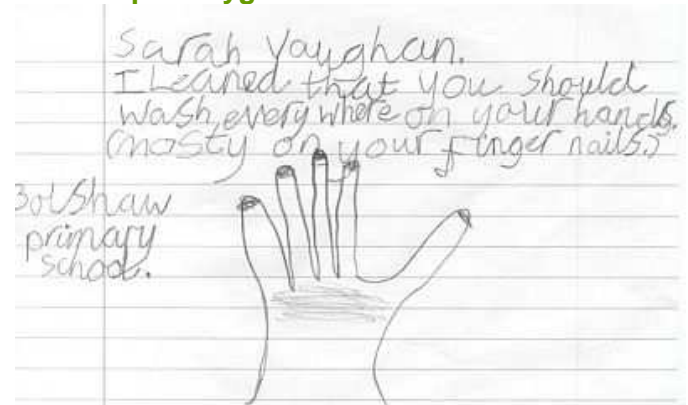
Incredible edibles

This new Food Vision Case Study focuses on a project supported by Dorset health and well being partnership which aimed to give both Health Visitors in Dorset PCT, and parents, good advice and information on healthy weaning.

The packs produced include information on, among other things, safe food preparation and healthy recipes. To get further information go to:

<http://www.foodvision.gov.uk/pages/incredible-edibles>

Hands up for hygiene



This new Food Vision Case study outlines a project undertaken by Stockport environmental health, following a local health needs survey, which focussed on promoting hand washing in primary school children.

The project used 'magic cream' to help pupils really see the dirt on their hands, learn about the spread of germs and show how best to wash their hands.

<http://www.foodvision.gov.uk/pages/hands-up-for-hygiene>

Tasty tuck tooth award

Food Vision has added its first case study to focus on oral health. The Tasty Tuck Award is an initiative focusing primarily on Oral Health Promotion through promoting healthy snacks and drinks for consumption by children within Primary and Special Schools across Halton, Chester and Ellesmere Port.



The Award scheme adopts a holistic approach to positive oral health by focussing on healthier eating and drinking within the school setting. The award recognises those schools taking an active part in the promotion of healthier eating and adopting, and implementing, healthy snack time policies.

<http://www.foodvision.gov.uk/pages/tasty-tuck-oral-health-award>

Manchester's munchy crunchy club



In this new Food Vision case study Michelle Hargreaves of Manchester Fayre, talks about a simple and successful scheme to increase uptake of school meals in a primary school in Manchester.

The project worked with pupils, catering and teaching staff to redesign the dining experience for pupils. This included a new name and look for the dining area, training for staff, new equipment and healthier food. The project has been successful raising take-up from 7 to 9.5% and will be rolled out across the LEA area.

Go to: <http://www.foodvision.gov.uk/pages/munchy-crunchy-club>

First food champions announced

The Food Standards Agency has announced the regional winners of the Food Champions awards. These awards recognise the important part that local councils play in their local communities and acknowledge the good practice they have demonstrated.

Food Vision hopes to have case studies of all the winners on our website to allow others to learn from their expertise. In brief winners were:

Improving food safety or food standards; Westminster; Birmingham; Cambridgeshire; London Borough of Islington; London Boroughs (a consortium of 30 of 33 London local authorities).

Improving community diet and nutrition; Bristol City Council; Oxford City Council (in partnership with Oxfordshire County Council); Rushcliffe Borough Council; Cardiff City Council; Manchester City Council; Huntingdonshire District Council.

Why should local councils fund food?

LACORS has launched a new handbook for local councillors which helps explain what can be done by councils to ensure that food safety and healthy eating initiatives are recognised as vital health drivers and adequately funded.

Supported by the Food Standards Agency it shows, through a number of Food Vision case studies, what councils can do through targeted action to combat specific health problems in the local area. The guide aims to help councils improve diet, health choices, food safety and promote the importance of local food.

<http://www.lacors.gov.uk/lacors/upload/17351.pdf>

Cooking lessons focus on healthy diet

Two new case studies focussing on cooking lessons to promote healthy options have been recently been added to the Food Vision site.

In the first Sunderland City Council outline their Food Standards Agency Grant winning project. The project, undertaken in partnership with Sunderland PCT, ran cooking, nutrition and hygiene lessons for homeless youngsters and their carers in a bid to improve their diets and health.

<http://www.foodvision.gov.uk/pages/cooking-skills-for-young-homeless->

The second outlines London Borough of Croydon's Food Standards Agency grant funded project 'Cooking up a Treat in Croydon's Nurseries'. The project provided information and practical techniques for cooks at local nurseries, in deprived areas, to help them develop new skills to follow recipes, and make food, low in saturated fats, sugar, salt.

<http://www.foodvision.gov.uk/pages/croydon-cook-up-a-treat>

YO! Sushi says yes! to traffic lights

Restaurant group YO! Sushi has become the first catering establishment to adopt the Agency's recommended traffic light approach to front-of-pack nutrition food labelling.



The multiple traffic light approach was with retailers and manufacturers in mind, based on extensive consumer research. It will be very interesting to see how YO! Sushi customers react to having traffic lights on the menu.

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For more information please contact:

Food Vision, LACORS,
Local Government House,
Smith Square, London, SW1P 3HZ
E-mail: foodvision@lacors.gov.uk
Tel: 020 7665 3888
Web: www.foodvision.gov.uk

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