



foodvision

improving community health & well-being

Lancashire's Recipe 4 Health



Lancashire County Council, have submitted their innovative awards scheme to the Food Vision website. They have been working, in partnership with the district councils in Lancashire, to introduce Recipe 4 Health an scheme which highlights caterers who help customers make healthy choices but whom also help the environment through their business practices.

The award is in four parts and covers, food hygiene, allergen/alcohol awareness, healthy eating and environmental issues including use of local foods and waste disposal and recycling. The scheme is currently being evaluated and more detail is available at:

<http://www.foodvision.gov.uk/pages/recipe-4-health>

New online store gives access to all FSA-funded research

The Food Standards Agency has launched a new online store for all the scientific research that it funds. Called 'foodbase', this open access repository provides instant access to the outputs of Agency-funded research in full.

Reports made available on foodbase have been subject to independent peer review by external experts and are written by the researchers contracted by the Agency to carry out the work. Reports may be useful in providing evidence to support bids for new projects and their funding.

To view foodbase go to: <http://www.foodbase.org.uk/>

Dorset help community bag a healthier life.

Dorset trading standards have teamed up with their waste management team to create a simple project which helps residents choose healthier options when out shopping.



With an increasing awareness that it is no longer acceptable to use a new plastic bag each time you go shopping, cotton reusable shopping bags are becoming more and more widespread, and Dorset County Council Waste Management Service are keen to encourage consumers to shop 'SMART' (Save Money and Reduce Trash) by bringing their own, and reusing, carrier bags.

In partnership with Trading Standards printing bags with the guide to traffic light labelling on them is allowing users to interpret front of pack nutritional information when out shopping Dorset have put the 'Health' into a 'BAG FOR LIFE'. For more info go to:

<http://www.foodvision.gov.uk/pages/bag-for-healthier-life>

Food Vision shows off at CIEH conference

Food Vision hosted a successful session, at the CIEH best of the best conference in Nottingham. The session showcased four of our inspiring case studies, and aimed to help delegates learn what's on the site and the best way to find one of the other 125 projects on the site.

The projects outlined on the day were:

- Alex Lisle – Surrey Safer Food Partnership
- Ann-Marie McCullough/Vikki Brunning – Hands up for Hygiene
- Sue Harvey – Fun Food Days
- Veronica Martin – Hunts for Good Food
- And Vicki Gracie-Langrick for Food Vision

You can see slides from the presentations given on the day by visiting:

http://www.cieh.org/events/best_of_best.html

Gloucestershire also have a vision of food



Heather Woodward of Gloucestershire Trading Standards has outlined their VISION (Virtual Interactive Shopping Information Online) project on the Food Vision website. The project is an interactive online shopping game & information toolkit. Based around a food hall it is devised by the Service to help educate consumers on how to go about eating a balanced diet and enable people to make more informed decisions about the food they eat.

Vision users can either explore the food hall at their leisure or take up the centrepiece of the hall, the 'Are you Balanced?' challenge. The hall contains over 130 different foods each with their own 'food label' containing:

Generic information about fat, salt and sugar levels as represented by the Food Standards Agency traffic light system. The category each food falls into as dictated by the Food Standards Agency Eatwell plate and interesting scripted nutritional and 'did you know?' facts.

To take the challenge and view the website visit:
<http://www.foodvision.gov.uk/pages/vision-virtual-interactive-shopping-online>

CWT celebrate 20th Anniversary

Food Vision will be displaying at a one day 'Eating Well' conference to celebrate the 20th anniversary of the Caroline Walker Trust. The aim of the day is to cover aspects of public health nutrition and to: provide a platform for a timely reminder of the importance of promoting a wide range of public health nutrition issues and improving nutritional provision amongst vulnerable group; summarise key public health issues that need to be tackled; and highlight key areas for intervention at local and national level

The conference is designed to appeal to policy makers, practitioners, health professionals, students and supporters of the Trust. To view a detailed programme and book your place please visit:

<http://www.cwt.org.uk/>

British Heart Foundation think fit!



The British Heart Foundation has created a set of resources to help improve with the health of employees in the workplace.

The Think Fit! resources cover physical activity, healthy eating and mental wellbeing and include a range of ideas, challenges and signposts, as well as an employee booklet, and giveaway item.

To order your free pack or find out more, visit bhf.org.uk/thinkfit

Why does Food Matter?

Food Vision will be running a session as part of the LGA national 'Why does food matter?' conference taking place on the 9th December 2008.

The Conference will consider why food is so important for councils and their communities, in terms of health, procurement, planning and waste. Speakers include Dame Deirdre Hutton - FSA, Jon Parkes, of the Foresight Programme, and Alan Lacey of Sainsbury's. If you would like to attend the conference, with reduced rates for councils, go to:
<http://www.lga.gov.uk/lga/events/display-event.do?id=1048783>

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