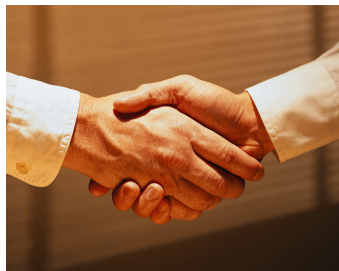


foodvision

improving community health & well-being

Food Vision has new partner



Food Vision has welcomed a new partner to the project.

The Chartered Institute of Environmental Health (CIEH) will be joining the partnership team of the Food Standards Agency and LACORS to help direct the project from April 2009.

The Chartered Institute of Environmental Health is a professional, awarding and campaigning body for environmental and public health and safety. It aims to promote improvements in environmental and public health policy. It is based in the UK with offices in London, Northern Ireland and Wales.

CIEH looks forward to promoting, sharing and contributing to the innovation and good practice highlighted through Food Vision

For more information about the CIEH go to:

<http://www.cieh.org/Default.aspx>

Hampshire CC move to 100% local eggs



Hampshire County Council have recently submitted their case study outlining their swap to 100% local eggs through their supplier 3663.

Hampshire County Council, through its catering arm, HC3S, provides meals for four hundred and fifty one primary schools, thirty four secondary schools, and four residential care homes.

Since swapping to local sources for eggs outcomes are: food miles have been reduced significantly; the cost of eggs have fallen by 20%; and the volume of eggs purchased through the wholesaler has risen by 20%.

<http://www.foodvision.gov.uk/pages/hampshire-county-council-move-to-100-local-eggs>

Reducing salt in temple food



The British Heart Foundation have submitted their salt reducing project set in Sikh temples and Gurdwaras in England.

Places-of-worship play a major role in the life of most south Asians;

they are used to perform religious obligations and are also places of social interaction. In south Asian communities 'food' plays a major role in social and religious activities.

The aim of this project was to encourage places of worship to use recipes that were lower in salt and provide information and advice to the congregations eating the food about the impact of too much salt on health, how to change their shopping, cooking and eating habits at home to reduce salt in particular, and to eat more healthily in general, whilst still enjoying traditional meals. For more info go to:

<http://www.foodvision.gov.uk/pages/reducing-salt-in-social-cooking-in-temples-and-gurdwaras>

Making a healthy crust



This project, entitled 'Making a Healthy Crust', aimed to raise awareness of salt levels amongst bread manufacturers within South Gloucestershire and encourage them to

achieve the reduction targets for salt in bread set by the Food Standards Agency.

The food team at South Glous. DC ran a small sampling program to examine the levels of salt in locally produced bread, which they then followed up by helping local businesses to reformulate their recipes to reduce salt levels. For more info go to:

<http://www.foodvision.gov.uk/pages/making-a-healthy-crust>

FSA launch sat fats campaign



The Food Standards Agency has recently launched its saturated fat campaign. It includes a selection of tips, offering people simple and practical steps to help cut their intake of saturated fat.

The tips are featured in press advertising for the Agency's new awareness campaign about saturated fat, as well as on its consumer advice website, eatwell.gov.uk.

To coincide with the launch of this campaign, the Agency has introduced a new recipe section on eatwell.gov.uk. All the recipes have been analysed nutritionally so users can see how many grams of saturated fat, fat, salt and sugar is contained, and whether it is high, medium or low for each nutrient.

The recipes can also be searched by type of meal, and people in a hurry can also look out for those that take less than half an hour to prepare. Go to:

<http://www.eatwell.gov.uk/healthydiet/recipes/>

Grants for healthy eating initiatives



The Food Standards Agency opened for applications for the 2009/10 grants for hygiene and healthy eating initiatives.

This year the Agency is welcoming initiatives based on the following themes:

- promoting good food hygiene among older people.
- collaborative local action to deliver Agency priorities on saturated fat or salt.

The closing date for applications in all four UK countries is 24 April 2009. Go to:

www.food.gov.uk/news/newsarchive/2009/feb/grants

Food Vision at UKPHA Brighton



Thanks to all those of you who visited us on our stand at UKPHA, we had a great time meeting all those like-minded people, and hope to hear from those of you who offered case studies!

Hexagon housing reduce salt



The Food Commission has recently added its salt reduction project set at Hexagon housing association in South East London to the Food Vision website.

The project aimed to work with diverse housing association residents and staff to improve salt eating patterns in order to drive a reduction in consumption, to leave in place ways of working that are sustainable and to develop good practice methods for involving housing associations in projects to promote healthy eating.

<http://www.foodvision.gov.uk/pages/healthy-hexagon-eat-less-salt>

Gut Reaction

Gut Reaction is a magazine providing information for local food businesses in Dorset provided by all the district councils in a project led by Weymouth & Portland Council.

Produced twice a year, currently 2800 copies are printed and distributed free to food businesses across Dorset.

Topic areas featured include: Workplace Health and Safety; smoke free; Environmental issues and sustainability; Local initiatives such as Direct from Dorset, highlighting local produce; Healthy eating and issues such as food allergy/intolerance. Go to:

<http://www.foodvision.gov.uk/pages/gut-reaction>

Healthier Food Mark Conference – April 30th

The Department of Health are running a stakeholder event to discuss the proposed Healthier Food Mark for the public sector. The aim of the event will be to introduce both the nutrition and sustainability criteria for the Healthier Food Mark for the public sector.

<http://www.coievents.co.uk/healthierfoodmark>

For more information please contact:

Food Vision, LACORS,
Local Government House,
Smith Square, London, SW1P 3HZ
E-mail: foodvision@lacors.gov.uk
Tel: 020 7665 3888
Web: www.foodvision.gov.uk

The views expressed in this newsletter are not necessarily those of LACORS, CIEH, the FSA or LGA unless specifically stated.