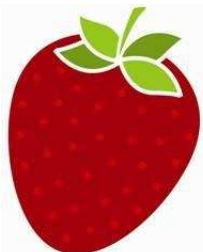


# foodvision

improving community health & well-being

## Food Vision helps projects get funding



The Food Vision case study holder survey has shown that having a case study on Food Vision can help secure additional funding.

The survey last year had a good response rate of 53% and responses showed that, for some projects, having a FV case study has a significant effect in that it gets them better recognition (approx 20%) and for some even further funding (approx 10%).

It also showed that nearly a third of case studies on our site are contacted by others hoping to replicate their project. Food Vision really is helping spread good practice in a practical way.

## Food Vision updates website

Visitors to the Food Vision website since the beginning of the year will have noticed that all our case studies are now separated into 'active' or 'completed' categories.

In last year's case study holder survey some project owners said they did not want to have their contact details available on the website as their project had either completed or come to an end.

As a result of this feedback some projects are now marked 'completed' which means they remain on the Food Vision site as an example of a great food project, but the relevant project team can no longer be contacted.

We have also archived a small number of case studies, those which wished to be removed from the site.

Of course 'active' case studies can still be contacted if you would like to replicate their idea and/or hear more about the project.

## Eat Well, Be Well in Stockport

### EATWELL BEWELL

Stockport Council have submitted their project which targeted older

people, a 'hard to reach group', with key messages on food safety and nutrition.

The aim of the project was to promote food safety and nutritional messages in order to reduce the health risks for older people associated with poor food hygiene practices and poor diet in the home.

In partnership with NHS Stockport - Nutrition and Dietetic Service, and Age Concern - Stockport they developed a team-style quiz incorporating questions and activities which transmitted the messages and provided the additional benefit of creating social interaction.

<http://www.foodvision.gov.uk/pages/eat-well-be-well-in-stockport>

## Eastbourne work on food safety with elderly

Eastbourne Council have also submitted a project which aimed to tackle the growing problem of Listeria food poisoning in the elderly as part of national food safety week 2009.

The project concentrated on communicating what 'older people' living on their own could do to reduce the risk by:

- Keeping fridges at the correct temperature; following the storage instructions on the label;
- Explaining the difference between 'Best Before' and 'Use By' dates).
- General tips on good food hygiene concentrating on the 4Cs

<http://www.foodvision.gov.uk/pages/eastbourne-improve-food-safety-for-the-elderly>

## Leeds Trinity cooking communities



Leeds Trinity University College has submitted a case study on its cooking communities project which worked with schools in areas of deprivation to improve cooking skills.

In partnership with All Saints Educational Trust the project aimed to pilot and evaluate an intergenerational after school cooking club in which secondary age children and older people learn together. Its aims were:

- To break down barriers between generations, faiths, cultures and neighbourhoods through sharing cooking and eating experiences within the club and the community.
- To develop a toolkit to train teachers, teaching assistants and volunteer "Cooking Champions" to run city wide clubs.
- To develop Award Schemes for both young participants and Cooking Champions.

At the end of the pilot there was an increase in all of the skills taught with two of the pilot schools increasing these areas to 100% knowledge. The project will now roll out to other schools with funding from 'Local Food'.

<http://www.foodvision.gov.uk/pages/leeds-trinity-cooking-communities->

### Green up!

The Community Development Foundation is a public body sponsored by the Department of Communities and Local Government.

It has recently published its 'Green Up!' Guide which explains how community groups can use everything from Councils Local Area Agreements to Sustainable Community Strategies to get their work supported. The guide also explains all the words and vocabulary commonly used by councils, so local groups can clearly understand 'council speak'.

It also has tips from community group members who are successfully working with their councils on issues relating to sustainability, climate change, the environment and energy.

<http://www.cdf.org.uk/web/guest/publication?id=142955>

## St Mary's School-healthy eating, healthy living



This multifaceted project shows the whole school approach taken by St Mary's school in Tetbury to encourage healthy eating and promote food hygiene in its schools pupils

The project aimed to examine food from growing food from seed, harvesting it and preparing it. This was achieved through working with local companies so children understand that hygiene issues are "real" issues in the "real" world; by using school links with Kenya to see how food production and purchasing can affect our environment.

<http://www.foodvision.gov.uk/pages/st-marys-school-healthy-eating-healthy-living>

### Help shape Agency's future work

The FSA is holding a major conference to discuss its future work and challenges.

The 'FSA10: Ensuring safe food and healthy eating for all' conference, which will be held in London on 24 February, will bring together stakeholders from around the UK to discuss how to ensure safe food and promote healthy eating for consumers.

You can watch a live webcast of the conference and take part in online interactive sessions that will allow you to participate and shape the Agency's work.

<http://www.food.gov.uk/news/newsarchive/2010/jan/fsa10conf>

### Add your project to Food Vision

Do you want your food project to join those on the Food Vision website? Contact Food Vision to submit your case study [foodvision@lacors.gov.uk](mailto:foodvision@lacors.gov.uk)

#### For more information please contact:

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The views expressed in this newsletter are not necessarily those of LACORS, CIEH, the FSA or LGA unless specifically stated.